

Fexoform 180 Tablet

Fexofenadine (180 mg) Tablet: Overview

Generic Name: Fexofenadine
Brand Names: Allegra, Telfast, others

What is Fexofenadine?

Fexofenadine is an antihistamine used to relieve allergy symptoms such as:

- Seasonal allergic rhinitis (hay fever) symptoms like sneezing, runny nose, itchy or watery eyes.
- Chronic idiopathic urticaria (hives) with symptoms such as itching and skin rashes.

It works by blocking histamine, a substance produced by the body during an allergic reaction.

Dosage and Administration

- **Standard Dose:** 180 mg once daily, preferably taken with water.
- **Administration:**
 - Take on an empty stomach for better absorption.
 - Avoid taking with fruit juices (e.g., orange or grapefruit juice) as they may decrease the drug's effectiveness.
 - Do not crush or chew the tablet.

Precautions

- **Consult Your Doctor:**
 - If you have kidney problems or are on other medications.
 - If you are pregnant, planning to become pregnant, or breastfeeding.
- Avoid alcohol or sedatives, as they may enhance drowsiness.

Potential Side Effects

Common:

- Headache
- Drowsiness (less common compared to first-generation antihistamines)
- Nausea

Rare but Serious:

- Allergic reactions like swelling, rash, or difficulty breathing.

Drug Interactions

- Avoid combining with antacids containing aluminum or magnesium within 2 hours of taking fexofenadine.
- May interact with ketoconazole or erythromycin.

Storage: Keep in a cool, dry place, away from direct sunlight and out of reach of children.

Disclaimer: Always follow your healthcare provider's advice and the instructions provided with the medication.

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Plot no.: 367-FF, Industrial Area Phase-I,
Panchkula-134113

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